

Often presented as hip or funny in popular culture, meanness has no place in our schools and homes.



## **Goshin Karate & Judo Academy Provides Bully Awareness program for Copper Canyon Elementary**

On January 24<sup>th</sup> 2008, Goshin Karate & Judo Academy provided a Bully Awareness Seminar for the 1<sup>st</sup> graders at Copper Canyon Elementary School

Our goal at Goshin is to increase community awareness of bullying as a common problem of school-age children and to encourage the implementation of effective bullying prevention solutions in our community.

Our objectives are:

1. To encourage all adults, especially parents and all members of school communities, to advocate for and help implement bullying prevention programs;
2. To promote awareness of the most effective approaches to bullying prevention;

Teachers, parents, and children are encouraged to use bullying prevention activities and materials at [www.GoshinKarate.com](http://www.GoshinKarate.com) to help end bullying.

“Childhood bullying is a significant problem nationwide,” said Roger Boggs, Owner & Lead Instructor at Goshin Karate & Judo Academy, a karate & Self Defense school located at 64th Street & Bell Road. “It can cause school absenteeism, mental and physical stress, poor school performance, poor self-esteem, and, in some cases, school violence. Statistics show that 160,000 children in the United States miss school each day as a result of being bullied. That’s not acceptable.

“Teachers and parents can play a critical role in creating a climate where bullying is not tolerated. When adults and children stand together, bullying ends,” Boggs said.

Special Thanks goes to first grade teacher Mary Rasi at Copper Canyon Elementary School for organizing and supervising this event.

***Goshin Karate & Judo Academy***

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