

July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Perseverance <i>Determination, persisting in spite of difficulties</i></p>				1 Sparring	2 Self Defense	3 Independence Day Closed
4	5 Combinations	6 Kata	7 Sparring	8 Self Defense	9 Grappling Black Belt Club	10
11	12 Kata	13 Sparring	14 Self Defense	15 Grappling	16 Combinations Goshin Girls	17
18	19 Sparring	20 Self Defense	21 Grappling	22 Combinations	23 Kata	24
25	26 Self Defense Summer Camp Week	27 Grappling	28 Combinations	29 Kata	30 Sparring	31