

May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <h2>Balance</h2> <p><i>Stability: the habit of calm behavior and judgment</i></p>					1
2	3 Kata	4 Sparring	5 Self Defense	6 Grappling	7 Combinations Black Belt Club	8
9	10 Sparring Mr. Boggs -	11 Self Defense	12 Grappling	13 Combinations	14 Kata Goshin Girls	15
16	17 Self Defense	18 Grappling	19 Combinations	20 Kata	21 Sparring	22
23	24 Closed Summer Break	25 Closed	26 Closed	27 Closed	28 Closed	29 Closed
30	31 Memorial Day Closed	 <h2>Integrity</h2> <p><i>Doing the right thing when nobodies looking</i></p>				