

October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Vision <i>Seeing what is invisible to others.</i>					1 Kata Black Belt Club	2
3	4 Self Defense	5 Grappling	6 Combinations	7 Kata	8 Sparring Goshin Girls	9
10	11 Columbus Day Closed	12 Combinations	13 Kata	14 Sparring	15 Self Defense	16
17	18 Combinations	19 Kata	20 Sparring	21 Self Defense	22 Grappling	23
24	25 Kata	26 Sparring	27 Self Defense	28 Grappling	29 Combinations	30
31	 Courtesy <i>Behavior that demonstrates consideration, and generosity</i>					