

# Seven Home Rules For Children

*The following rules need to be memorized by all youth class members (age 6-11) before promotion to Orange Belt.*

1. Children shall greet their parents when they enter the house (Hi Mom! Hi Dad!) and tell their parents "Good-bye" when they leave.
2. Children will always be respectful of their Parents, Teachers, and Elders.
3. Children will be kind to their brothers and sisters.
4. Children will help keep the household - especially their own room - neat and clean and will make their own beds every morning.
5. Children will keep their hair, body, and teeth clean daily.
6. Children will not interrupt adult conversations.
7. Children will do all their assigned schoolwork every day.

***Children who do not obey these rules  
CHEERFULLY  
will not be eligible for promotion.***

*presented by*

## **Goshin Karate & Judo Academy**

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# 7 Ways For Parents To Raise A **Street Smart Child!**

## **1. No Shortcuts**

Don't let your child take shortcuts through alleys, backyards, woods, or other secluded areas where an abduction could take place with no witnesses.

## **2. Trust Your Instincts**

If your child thinks he/she is being followed or someone tries to grab him, have him turn and run in the opposite direction toward a crowded place.

## **3. Code Word**

Pick a word that neither you or your child will forget. Teach your child to not go with anyone - family or friend - unless they know the code word.

## **4. Important Information**

Be sure that your child has memorized their full name, address, and telephone number. 911 and other emergency numbers should also be memorized.

## **5. Cherish Your Children**

Abductors look for lonely, sad, children who need a friend. Make time for your children. Be affectionate and loving so that they don't need this from someone else.

## **6. When Lost**

Look for uniformed people - police, cash register people, or others in charge.

## **7. Good Touch/Bad Touch -**

Give your child the right to say "NO" to adults. Identify private parts. Don't make your child kiss a grownup that they don't want to. Let them know that it's OK to tell on someone who is "bad touching" them.

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